# List of Dhamma instruction by Madawela Punnaji

Bhante <u>Madewela Punnaji</u> was from Sri Lanka and a scholar of the Pali Canon and also had extensive studies in science, medicine, and western psychology. He has provided many Dhamma talks and instruction in the form of videos, articles, and books, some of which are included here in <u>Dhamma</u> <u>Wiki</u>:

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- <u>Buddha's Lists</u> He wrote the Foreword to author <u>Dr. David N. Snyder's</u> <u>Buddha's Lists</u>
- <u>The Four Evolutionary Stages of Religion</u> The full text of the Foreword to <u>Buddha's Lists</u>
- Becoming a Buddhist by Madawela Punnaji
- <u>What is Meditation? by Madawela Punnaji</u>
- Buddhism as a Psychotherapy, article by Madawela Punnaji
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### **E-books**

- Meditation Guide with the Sublime Eightfold Way
- Buddhism and Psychotherapy e-book

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